Lifelong Learning
Registration Required

Spring 2013 Schedule

Monday, March 25, 2013-Friday, May 17, 2013

	Time	Class #	Class	Instructor	Note	Room	Reg
	Monday						
	9:00 - 11:50	L117	Wire Wrap Jewelry	Linda Bryan	Supplies Extra	A106	Y
	9:00 - 12:50	L105	Bridge Lovers Group	Dorothy Mayweather	Knowledge of Play required	A114	Y
	10:00 - 11:50	L767	Doll Making	Ora Dabney		A125	Y
	10:00 - 1:50	L106	Beginning Bridge	Delores Gordon	Learn to play bridge	A123	Y
	1:00 - 3:50	L110	Advanced Jewelry Group	Gloria Williamson & Edith Clark	Prerequisite required	A124	Y
	1:30 - 4:30	L112	Beg. Pottery Making	John Shultz	Supplies Extra	A101	Y
	1:30 - 4:30	L113	Drama Club	Charlene Knox		A125	Y
	Tuesday						
	9:00 - 9:50	L115	Spanish 1	Muriel Whittaker	Must Complete Pre Requisite	A124	Y
	9:00 - 10:50	L114	Learn to Shoot Pool	Chester Bryant		A108	Y
	9:00 - 10:50	L901	Beg. Decorating & Entertaining	Janet Prioleau	Interior Decorating	A114	Y
	9:00 - 11:50	L902	Crochet with Plastic Bags	Doretha Conner	Make beautiful bags from plastic	A106	Y
	10:00 - 11:50	L116	Calligraphy	Carol Gray	Tools Extra	A101	Y
	10:00 - 10:50	L118	Spanish 2	Muriel Whittaker	Must Complete Pre Requisite	A124	Y
	10:00 - 11:50	L119	Advanced Quilting	Karen Furnish		A125	Y
	10:00 - 12:50	L121	Crochet By Numbers Level 2	Cola Turner	Prerequisite	A123	Y
	1:00 - 1:50	L122	Basic Spanish for Beginners	Muriel Whittaker	Open for New Students	A124	Y
	1.00 - 3.00	L148	Beginning Quilting	Karen Furnish		A125	Y
	1:00 - 4:00	L123	Creative Jewelry Making	Valerie Henderson	$5 Plus Supply Fee. Prerequisite	A106	Y
	2:00 - 3:50	L109	Advanced Writing Your Story	Estelle Ford Williamson		A124	Y
	Wednesday						
	9:00 - 9:50	L143	Piano Basics 1	Justin Chesarek	Open for new students only	A124	Y
	9:00 - 10:50	L129	Handmade Greeting Cards	Julia Baker	Supply Fee $35	A101	Y
	10:00 - 10:50	L146	Piano Basics 2	Justin Chesarek	Preregistered	A124	Y
	10:00 - 12:50	L133	Hat Making	Ora Dabney	SuppliesExtra & Bring Machine	A125	Y
	11:00 - 11:50	L162	Piano Basics 3	Justin Chesarek	Preregistered	A124	Y
New	12:00 - 12:50	L888	Piano Plus 4	Justin Chesarek	Preregistered	A124	Y
	12:00 - 1:15	L192	Toastmasters	Charlene Knox		A117	Y
	1:00 - 2:50	L138	Jazzy Bags (Sewing Exp Req)	Marilyn Franklin	Sewing Experience Required	A125	Y
	1:00 - 3:50	L139	Advanced Pottery	John Schultz	Supply Fee Varies	A101	Y
	1:00 - 2:50	L140	Floral Design	Lilieth Jones	Supply Fee $52	A106	Y
	1:00 - 5:00	L000	MABA			A114	Y
	Thursday						
	9:00 - 9:50	L142	Beginning Sign Language	Muriel Whittaker	New Students Welcome	A114	Y
	9:00 -11:50	L919	Intermediate Sewing 2	Janice Johnson	Preregistered	A125	Y
	9.00 - 10.50	L920	Learn to Shoot Pool 2	Quincy Woods		A108	Y
	9:00 - 11:50	L425	Sculpture	Samuel O Williams	Pottery Prereq, supplies Extra	A101	Y
	10:00 - 11:50	L147	Semi Pro Greeting Cards	Mattie Driver	Supply Fee $40	A106	Y
	10:00 - 12:50	L145	Intro. to Crochet by Numbers	Cola Turner	Level 1	A123	Y
	1:00 - 2:50	L149	Drawing & Painting	Samuel O Williams		A106	Y
	1:00 - 2:30	L151	Sudoku	Imogene Archer		A114	Y
	1:00 - 4:00	L153	Beg Sewing 1 with Pattterns	Janice Johnson	Open to all	A125	Y
	Friday						
	9:00 - 11:50	L154	Beg. Jewelry Making	Valerie Henderson	Fee $5, open to all	A101	Y
	9:00 - 11:50	L163	Traditional Crochet	Marina Ogle		A106	Y
	12:00 - 1:50	L156	Advanced Drapery Making	Gloria Williamson		A125	Y
	1:00 - 3:50	L157	Ceramics	John Schultz		A101	Y
	1:00 - 3:50	L158	Oil Painting	Earnest Hopewell	Supply Fee$10	A106	Y
	2:00 - 4:50	L160	Beg. Drapery Making	Gloria Williamson		A125	Y

Schedule subject to change without notice

Lifelong Learning
Registration Not Required

	Time	Class #	Class	Instructor	Note	Room	Reg
	Monday						
	11:00 - 11:50	L107	Mellow Moments	Rochelle Evans	Stress Management	A124	N
	11:00 -11:50	L180	Healthy Habits, Nutrition	Kay Zoober		A101	N
	12:00 - 2:50	L706	Performing Arts Group	Gwen Thomas		F109	N
	2:00 - 4:45	L111	Performing Arts Group	Gwen Thomas		A123	N
	Tuesday						
	1:00 - 4:50	L705	Bridge Group, Intermediate	Ruth Mayo	Must have experience	A114	N
	1:00 - 2:50	L925	Acting	Sam Williams		A101	N
	Wednesday						
	10:00 - 11:50	L131	Romance From 50 to Forever	Rochelle Evans		A106	N
	1:00 - 2:00	L193	Weight Watchers	Trudie Jeffery	Monthly Fee	A123	N
	1:00 - 2:50	L137	African-American History	Ron Gilliam		A124	N
	Thursday						
	10:00 - 11:50	L144	Introduction to Jazz	Claiborne Gaines		A114	N
	Friday						
New	10:00 - 4:00	L926	Board Games			A123	N
	10:00 - 1 :00	L159	Chess Club	Mary Swimmey	Perfect your Chess Skills	A114	N
	1:00 - 1:50	L181	Healthy Habits, Nutrition	Kay Zoober		A114	N
	Page 1						

Technology
Registration Required

Time	Class #	Class	Instructor	Note	Room	Reg
Monday						
9:00 - 10:00	T102	ComputerBasics 2 (Mon&Wed)	Tracie Hawkins	Must have completed Basics 1	A109	Y
10:00-10:50	T955	G Mail at a glance	Tracie Hawkins		A109	Y
Tuesday						
9:00-9:50	T110	Advanced Word	Alfredia Brown		A109	Y
10:00-10:50	T107	Beginning Excel	Alfredia Brown		A109	Y
11:00-11:50	T109	Beginning Typing	Alfredia Brown		A109	Y
Wednesday						
9:00 - 10:00	T102	ComputerBasics 2 (Mon&Wed)	Tracie Hawkins	Must have completed Basics 1	A109	Y
10:00 - 11:50	T113	Basic Digital Cameras	Barry Roosevelt		A123	Y
10:00 - 10:50	T137	Beginning Cell Phone	Tracie Hawkins	(Smart Phone)	A109	Y
1:00 - 2:50	T115	Transform Photos to Video with Music	Barry Roosevelt		A109	Y
Thursday						
9:00-9:50	T105	Social Media	Tracie Hawkins	Facebook, Twitter, Blogging	A109	Y
10:00 - 10:50	T108	Beginning Internet	Alfredia Brown		A109	Y
10:00 - 11:50	T965	Photography Tutoring	Bob Glicksmith		F109	Y
1:00 - 2:50	T127	Int Digital Photography	Bob Glicksmith	*Prereq 128. $40	A124	Y
Friday						
9:00-10:50	T901	Crafts on the Internet	Barry Roosevelt	*Prereq. $40	A109	Y
9:00 - 10:50	T124	Advanced Digital Photography	Bob GlickSmith	*Prereq. $40	A124	Y
11:00 - 12:50	T251	You and Your Camera, Aper,Shutter,ISO	Barry Rose	*Prereq.	A109	Y
1:00 - 2:50	T939	SocialMedia:Scrapbooks to Facebook	Bob GlickSmith	*Prereq. Facebook account	A124	Y

Technology
Registration Not Required

Thursday						
11:00 - 11:50	T977	Technology Forum and G Mail	Alfredia Brown	Workshop for Windows and Office	A109	N
Page 2						

Aquatics
Registration Required

Time	Course #	Class	Instructor	Note	Pool	Req
Monday						
1:15-2:00	A106	Beginning Swim Lessons	Warren St James	Capacity of 10	Pool	Y
2:15-3:00	A107	Intermediate Swim Lessons	Warren & Ace		Pool	Y
Tuesday						
1:15-2:00	A115	Beginner Volleyball	Beverly Wadley		Pool	Y
2:15-4:00	A116	Advanced Volleyball Team	Beverly Wadley		Pool	Y
Wednesday						
1:15-2:00	A106	Beginning Swim Lessons	Warren St James	Capacity of 10	Pool	Y
2:15-3:00	A107	Intermediate Swim Lessons	Warren & Ace		Pool	Y
Thursday						
1:15-2:00	A115	Beginner Volleyball	Beverly Wadley		Pool	Y
2:15-4:00	A116	Advanced Volleyball Team	Beverly Wadley		Pool	Y

Aquatics
Registration Not Required

						Reg
Monday						
9:00-10:00	A322	Open Exercise	Ace Wynn		Pool	N
10:15-11:00	A701	Arthritis Water Aerobics Certified	Mary Davis		Pool	N
11:15-12:00	A103	Intermediate Water Fitness	Aya Wynn		Pool	N
12:15-1:00	A108	Aqua Tai Chi	Aya Wynn		Pool	N
3:15-4:00	A105	Multi-Level Water Fitness	Mary Davis		Pool	N
4:15-4:50	A101	Open Exercise	Ace Wynn		Pool	N
Tuesday						
9:00-11:00	A322	Open Exercise	Aya Wynn		Pool	N
11:15-12:00	A102	Advance Water Fitness	Mary Davis		Pool	N
12:15-1:00	A560	Aquatics Orientation	Beverly Wadley		Pool	N
12:15-1:00	A113	Arthritis Foundation Aquatics	Mary Davis		Pool	N
4:15-4:50	A101	Open Exercise	Aya Wynn		Pool	N
Wednesday						
9:00-10:00	A322	Open Exercise	Ace Wynn		Pool	N
10:15-11:00	A701	Arthritis Water Aerobics Certified	Mary Davis		Pool	N
11:15-12:00	A103	Intermediate Water Fitness	Aya Wynn		Pool	N
12-15-1:00	A108	Aqua Tai Chi	Aya Wynn		Pool	N
3:15-4:00	A105	Multi-Level Water Fitness	Mary Davis		Pool	N
4:00 - 4:45	A101	Open Exercise	Ace Wynn		Pool	N
Thursday						
9:00-11:00	A322	Open Exercise	Aya Wynn		Pool	N
11:15-12:00	A102	Advance Water Fitness	Mary Davis		Pool	N
12:15-1:00	A112	Orientation	Warren St James		Pool	N
12:15-1:00	A113	Arthritis Foundation Aquatics	Mary Davis		Pool	N
4:15-4:50	A101	Open Exercise	Warren St James		Pool	N
Friday						
9.00 -12:00	A137	Open Water Exercise for LWSC	Warren St James		Pool	N

Fitness
Registration Required

All classes in F106 have a capacity of 20

Time	Course #	Class		Note	Room	Req
Monday						
9:00 - 10:50	F106	Bicycle Club	Senella Watson	Arabia Mountain		Y
10:00-10:50	F108	Tae Kwon Do	Frank Crawford		F109	Y
11:00-11:50	F112	Chair Aerobics	Tyrone Bailey	Registration Required	F106	Y
11:00 - 11:50	F110	Self Defense	Frank Crawford		F109	Y
Tuesday						
9:00 - 11:00	F119	Tennis (Tue and Thur)	Ms. U. Woods	DottieBridgesPark		Y
11:00-11:50	F120	Chair Aerobics	Tyrone Bailey	Registration Required	F106	Y
12:00 - 12:50	F157	Beginning Line Dancing	Ruth Mayo		F106	Y
12:00 - 12:50	F811	Fat To Fitness	Karen Drake	Fee $75	A123	Y
Wednesday						
10:00 - 10:50	F130	Tae Kwon Do	Frank Crawford		F109	Y
11:00-11:50	F133	Self Defense	Frank Crawford		F109	Y
11:00-11:50	F120	Chair Aerobics	Zsa Zsa Robinson	Registration Required	F106	Y
Thursday						
9:00 - 11:00	F119	Tennis (Tue and Thur)	Ms. U. Woods	DottieBridgesPark		Y
11:00 - 11:50	F120	Chair Aerobics	Tyrone Bailey	Registration Required	F106	Y
Friday						
11:00 - 11:50	F163	Cardio Circuit	Zsa Zsa Robinson	20 capacity	F106	Y
2:00 - 2:50	F159	Hip Hop Line Dancing	Senella Watson		F106	Y

Fitness
Registration Not Required

All classes in F106 have a capacity of 20

Daily						
8:30 - 4:45	F101	Fitness Center Open		Tread Mills, Bicycles, Etc.	F108	N
Time	Course #	Class	Instructor	Note	Room	Reg
Monday						
9:00-9:50	F105	Advanced Yoga (Stretch)	Lorna Lindesy	capacity of 20	Victory	N
10:00-10:50	F107	Tai Chi	Adelina San Juan	capacity of 20	F106	N
1:00- 1:50	F755	Men's 3MV	Tyrone Bailey	capacity of 20	F106	N
2:00 - 2:50	F974	Women's 3MV	Tyrone Bailey	capacity of 20	F106	N
3:00-3:50	F350	Arthritis Foundation Exercise	Tyrone Bailey	capacity of 20	F106	N
Tuesday						
9:00-9:50	F104	Beginning Yoga	Karen Drake	capacity of 20	F106	N
10:00-10:50	F118	Line Dancing	Sylvia Bailey	capacity of 50	Victory	N
10:00-10:50	F116	Arthritis Foundation Exercise	Karen Drake	capacity of 20	F106	N
1:00 - 1:50	F117	Pilates	Karen Drake	capacity of 20	F106	N
2:00 - 2:50	F622	Chair Aerobics	Tyrone Bailey	capacity of 50	Victory	N
3:00 - 3:50	F571	Stretch & Tone	Tyrone Bailey	capacity of 20	F106	N
Wednesday						
9:00-9:50	F304	Advanced Yoga (Stretch)	Lorna Lindesy		Victory	N
10:00-10:50	F588	Chachercize	Terri Thornton	Put Up Your Dukes Foundation	Victory	N
1:00 - 1:50	F781	Women's 3MV	Tyrone Bailey	capacity of 20	F106	N
1:30 - 2:30	F137	Line Dancing	Sylvia Bailey	capacity of 50	Victory	N
3:00 - 3:50	F271	Dynamic Abs	Tyrone Bailey	capacity of 20	F106	N
Thursday						
9:00-9:50	F143	Body Flow	Danielle Cunningham	capacity of 20	F106	N
9:00-9:50	F922	Arthritis Foundation Walk With Ease	Tyrone Bailey		Lobby	N
10:00-10:50	F104	Beginning Yoga	Karen Drake	capacity of 20	F106	N
10:00-10:50	F145	Line Dancing	Sylvia Bailey	capacity of 50	Victory	N
12:00 - 12:50	F147	African Dance	Yvonne Eversley	capacity of 20	F106	N
1:00 - 1:50	F146	Dynamic Abs	Karen Drake	capacity of 20	F106	N
2:00 - 2:50	F877	Chair Aerobics	Karen Drake	capacity of 50	Victory	N
3:00 - 3:50	F319	Tyrone's Fitness Orientation	Tyrone Bailey		F106	N
Friday						
9:00-9:50	F164	Zumba Group Exercise	Zsa Zsa Robinson	capacity of 50	Victory	N
10:00-10:50	F153	Line Dancing Troup	JD Hall	capacity of 50	Victory	N
10:00-10:50	F162	3MV-Male	Tyrone Bailey	capacity of 20	F106	N
12:00 - 12:50	F158	J D's line dance practice	J. D. Hall	Super Trouper	F109	N
1:00 - 1:50	F744	Tyrone's Fitness Army	Tyrone Bailey		F106	N
2:00 - 2:50	F809	Cardio Circuit	Danielle Cunningham	Open to LWSC Members	Victory	N