

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 August 2018 Central DeKalb Senior Center Monday – Friday, 9:00a.m. – 4:30p.m. 1346 McConnell Drive, Decatur, GA 30033 Phone: 770-492-5461 		1 Line Dancing 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30	2 “Summer Lovin” Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Let’s Do Lunch 11:30 WorldDanz 1:00-2:00 Clay Studio 1:00-4:00 Book Club 1:30-2:30 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00 NO YOGA	3 Brain Games 10:00-11:00 French Beg 10:30-11:30 WaterColor 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30
6 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Team Trivia 12:30-1:30 Gentle Yoga 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Care Partners 3:00-4:00 NO ROCK & ROLL	7 Grassroots Genealogy Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let’s Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00	8 Line Dancing 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30	9 Welcome to Improv Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let’s Do Lunch 11:30 WorldDanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00	10 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30
13 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Team Trivia 12:30-1:30 Rock & Roll 12:30-1:30 Gentle Yoga 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Care Partners 3:00-4:00	14 Hootenanny Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let’s Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00	15 Line Dancing 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30	16 The Erie Canal Brandt Ross Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let’s Do Lunch 11:30 WorldDanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00	17 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Drumming 12:00-1:00 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30
20 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Team Trivia 12:30-1:30 Rock & Roll 12:30-1:30 Gentle Yoga 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Care Partners 3:00-4:00	21 Extension Office Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let’s Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00	22 Line Dancing 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30	23 DeKalb Medical DOC Talk Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let’s Do Lunch 11:30 WorldDanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00	24 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Drumming 12:00-1:00 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30
27 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Team Trivia 12:30-1:30 Rock & Roll 12:30-1:30 Gentle Yoga 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Care Partners 3:00-4:00	28 Hootenanny Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let’s Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00	29 Line Dancing 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30	30 Let’s Go to Ashville George Brown PhD Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let’s Do Lunch 11:30 WorldDanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00	31 Labor Day Potluck Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30