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# **Central DeKalb Senior Center**

### **Information and Programs**



Central DeKalb Senior Center Human and Community Development

#### 1346 McConnell Drive Decatur, GA 30033 770-492-5461 www.dekalbcountycountyga.gov/centralseniorcenter

## Welcome to the Central DeKalb Senior Center

At the Central Dekalb Senior Center, we provide programs, services, and activities that promote health and wellness, social interaction, education, independence, and community engagement.

At Central DeKalb Senior Center, provide a welcoming environment that promotes acceptance, appreciation, and inclusion of all people who reflect DeKalb's diverse population.

Interested in becoming a Central DeKalb Senior Center Member? We'd love to have you join us. If you are 62 years of age or older, if you're an active, interested, and independent senior, and you are a DeKalb County resident — come on in!

"We don't stop playing because we grow old, we grow old because we stop playing" Alexander Calder



### **Classes and Activities**

Whether it's learning a new language, navigating today's technology, maintaining a healthy lifestyle, being creative, or dancing for fun and

exercise, or making new friends, CDSC offers skilled, talented instructors in a welcoming environment for active seniors.

The Center offers games, special programs, live music and entertainment that promotes enlightenment, enjoyment, and participation.



Special monthly events with community partners feature senior-focused information including wellness, legal topics, senior services, local activities, and more.

A catered lunch is currently served on Tuesdays, Thursdays, and special occasions.



"The CDSC is one of the best assets of DeKalb County. Their community programs are excellent and the facility is beautiful and conveniently located in Decatur. – Maria Balais, Executive Director, Leadership DeKalb