



**Central DeKalb
Senior Center**
Monday – Friday
9:00a.m. – 4:30p.m.
770-492-5461



				<p>1 Brain Games 10:00-11:00 Walking 10:00-11:00 French 11:00 – 12:00 WaterColor 11:30-12:30 Drumming 12:00-1:00 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30 <i>French Combined Class</i> <i>Yoga Cancelled Today</i></p>
<p>4 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Team Trivia 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Compassion for Care Partners 3:00-4:00 <i>Yoga Cancelled Today</i></p>	<p>5 Ask a Lawyer Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00</p>	<p>6 Line Dancing 10:00-11:00 Hearts 10:00-12:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30</p>	<p>7 Women of WWII Special D-Day Edition Callanetics® 10:00-10:55 Bridge 10:00-12:00 Gentle Yoga 11:05-12:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Clay Studio 1:00-4:00 Book Club 1:30-2:30 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00</p>	<p>8 Brain Games 10:00-11:00 Walking 10:00-11:00 French 11:00 – 12:00 WaterColor 11:30-12:30 Drumming 12:00-1:00 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30 <i>French Combined Class</i></p>
<p>11 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Gentle Yoga 12:30-1:30 Team Trivia 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Compassion for Care Partners 3:00-4:00</p>	<p>12 Hootenanny Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00</p>	<p>13 Line Dancing 10:00-11:00 Hearts 10:00-12:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30</p>	<p>14 The Power of Symbols & Patriotism Callanetics® 10:00-10:55 Bridge 10:00-12:00 Gentle Yoga 11:05-12:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00</p>	<p>15 Brain Games 10:00-11:00 Walking 10:00-11:00 French 11:00 - 12:00 Reiki 11:00-12:30 WaterColor 11:30-12:30 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30 <i>French Combined Class</i></p>
<p>18 Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Gentle Yoga 12:30-1:30 Team Trivia 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Compassion for Care Partners 3:00-4:00</p>	<p>19 Life Hacks: Summer Edition Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00</p>	<p>20 Line Dancing 10:00-11:00 Hearts 10:00-12:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30</p>	<p>21 Women of the West Callanetics® 10:00-10:55 Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00</p>	<p>22 Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Reiki 11:00-12:30 WaterColor 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30</p>
<p>25 AARP Driver Safety Line Dance 10:00-11:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Gentle Yoga 12:30-1:30 Team Trivia 12:30-1:30 Hand Building Pottery 1:00-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45 Compassion for Care Partners 3:00-4:00</p>	<p>26 Hootenanny Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Dance! 2:00-3:00</p>	<p>27 Line Dancing 10:00-11:00 Hearts 10:00-12:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Ethics for Our Times 1:00-2:00 Jewelry 1:00-4:00 Resistance Bands 1:30-2:15 400 Years of Science 2:30-3:30</p>	<p>28 Travel & History Bridge 10:00-12:00 Mosaics 10:00-12:00 Gentle Yoga 11:05-12:00 Let's Do Lunch 11:30 Clay Studio 1:00-4:00 Mah Jongg 1:30-3:00 Tai Chi 2:00-3:00 <i>Callanetics® & Worldanz Cancelled Today</i></p>	<p>29 Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Reiki 11:00-12:30 WaterColor 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:30-1:30 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Embrace the Journey 1:30-2:30</p>