

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 November 2019 Activity Calendar Central DeKalb Senior Center Monday – Friday, 9:00a.m. – 4:30p.m. 1346 McConnell Drive, Decatur, GA 30033 Phone: 770-492-5461				1 Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Fosse Camp 12:00-1:00 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
4 Line Dance 10:00-11:00 Pottery 10:00-12:30 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics at the Barre® 2:45-3:45	5 <i>Armistice Day</i> Bird Stroll 8:30-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Bridge Lessons 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Ballroom 2:00-3:00	6 Line Dance 10:00-11:00 Beginners Spanish 11:00-12:00 Facebook 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 A Second Look at Astronomy 2:30-3:30	7 <i>Holiday Safety Tips</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Wax Collage 1:00-3:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	8 Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace Cancelled Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners Cancelled
11  VETERANS DAY Center Closed	12 <i>Hootenanny</i> Bird Stroll 8:30-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Bridge Lessons 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00	13 Line Dance 10:00-11:00 Beginners Spanish 11:00-12:00 Facebook 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 A Second Look at Astronomy 2:30-3:30	14 <i>TBA</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Wax Collage 1:00-3:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	15 <i>Trip to Carlos</i> Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace Cancelled Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners Cancelled
18 Line Dance 10:00-11:00 Pottery 10:00-12:30 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics at the Barre® 2:45-3:45	19 <i>Panel Discussion</i> Bird Stroll 8:30-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Bridge Lessons 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00	20 Line Dance 10:00-11:00 Beginners Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 A Second Look at Astronomy 2:30-3:30	21 <i>The Alamo</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 Worldanz 1:00-2:00 Wax Collage 1:00-3:00 History & Nature 1:15-2:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	22 Brain Games 10:00-11:00 Walking 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Drumming 12:00-1:00 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
25 <i>Thanksgiving Potluck</i> Line Dance 10:00-11:00 Pottery 10:00-12:30 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics at the Barre® 2:45-3:45	26 <i>Hootenanny</i> Bird Stroll 8:30-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Bridge Lessons 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00	27 Line Dance 10:00-11:00 Beginners Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 A Second Look at Astronomy Cancelled Today	28  Center Closed	29 HAPPY  Center Closed