

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  LABOR DAY CENTER CLOSED	3 <i>Hazards of Aging in Place</i> Bird Stroll 8:30-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Ballroom Dance Canceled Today	4 Line Dance 10:00-11:00 Beg. Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 <i>A Second Look at Astronomy Canceled</i>	5 <i>Introduction to Fall Gardening</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 WorldDanz 1:00-2:00 Papier-mâché 1:00-3:00 Mah Jongg 1:15-2:30 Book Club 1:30-2:30 Tai Chi 2:00-3:00	6 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Drumming 12:00-1:00 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
9 Line Dance 10:00-11:00 Pottery 10:00-12:30 The Sound of the Shofar 11:00-12:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Rock & Roll 12:30-1:30 Fall Vegetable 12:30-1:30 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45	10 <i>Hootenanny</i> Bird Stroll 8:30-11:00 Photographing 10:00-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Ukulele 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Ballroom 2:00-3:00	11 Line Dance 10:00-11:00 Martin Luther King Jr. 10:30-12:00 Back to Beginners 11:00-12:00 Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 <i>A Second Look at Astronomy 2:30-3:30</i>	12 <i>Dust Bowl</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 WorldDanz 1:00-2:00 Papier-mâché 1:00-3:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	13 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Drumming 12:00-1:00 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
16 Line Dance 10:00-11:00 Pottery 10:00-12:30 The High Holidays 11:00-12:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Rock & Roll 12:30-1:30 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45	17 <i>Climate Change</i> Bird Stroll 8:30-11:00 Photographing 10:00-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Ukulele 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Ballroom 2:00-3:00	18 Line Dance 10:00-11:00 Martin Luther King Jr. 10:30-12:00 Back to Beginners 11:00-12:00 Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 <i>A Second Look at Astronomy 2:30-3:30</i>	19 <i>Falls Prevention</i> Boot Camp 10:00-10:50 Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 WorldDanz 1:00-2:00 Papier-mâché 1:00-3:00 History and Nature 1:15-2:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	20 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
23 Line Dance 10:00-11:00 Pottery 10:00-12:30 Rosh Hashanah & Yom Kippur 11:00-12:00 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Rock & Roll 12:30-1:30 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics® 2:45-3:45	24 <i>Hootenanny</i> Bird Stroll 8:30-11:00 Photographing 10:00-11:00 Bridge 10:00-12:00 Zumba 10:30-11:30 Drawing 10:30 - 12:00 Knitting 11:00-12:00 Strength & Balance 11:00-12:00 Let's Do Lunch 11:30 Sit and Fit 1:00-1:50 Ukulele 1:00-2:00 Acrylic 1:00-3:00 Qi Gong 2:00-3:00 Ballroom 2:00-3:00	25 Line Dance 10:00-11:00 Martin Luther King Jr. 10:30-12:00 Back to Beginners 11:00-12:00 Spanish 11:00-12:00 Ageless Grace 12:00-1:00 Jewelry-Extra 12:00-4:00 Resistance Bands 1:30-2:15 <i>A Second Look at Astronomy 2:30-3:30</i>	26 <i>Doc Talk</i> Boot Camp Canceled Bridge 10:00-12:00 Mosaics 10:00-12:00 Chair Yoga 11:00-12:00 Pool with Dale 11:00-3:00 Let's Do Lunch 11:30 WorldDanz Canceled Papier-mâché 1:00-3:00 Mah Jongg 1:15-2:30 Tai Chi 2:00-3:00	27 Brain Games 10:00-11:00 French Beg 10:30-11:30 Water Color 11:30-12:30 Conv. French 11:45-12:45 Floor Yoga 12:45-1:45 Philosophy 1:00-2:00 Pencil & Ink 1:00-3:00 Poker 1:00-3:00 Embrace 1:15-2:30 Qi Gong 2:00-3:00 Ethics 2:15-3:15 Care Partners 3:00-4:00
30 Line Dance 10:00-11:00 Pottery 10:00-12:30 Int. Spanish 11:00-12:00 Adult Color 11:00-12:00 Rock & Roll 12:30-1:30 Chair Yoga 12:30-1:30 Team Trivia 12:30-1:30 Pottery 1:30-4:00 Tai Chi 1:45-2:45 Callanetics® Canceled	September 2019 Activity Calendar Celebrating National Senior Center Month Central DeKalb Senior Center Monday - Friday 9:00a.m. - 4:30p.m. 1346 McConnell Drive Decatur, GA 30033 			