# **Mason Mill Naturalist Programs**



# October 2019

# **Central DeKalb Senior Center: Bird Stroll**

Every Tuesday morning at 8:30; led by David Kuechenmeister (open to CDSC members)

Join a master birder for a two mile walk on the trails of Mason Mill Park to see what birds are active. All levels of birders are welcome. Binoculars and comfortable footwear are recommended. The Bird Stroll will not happen in inclement weather. Meet at the Central DeKalb Senior Center.

#### **Just Walk**

# Every Wednesday morning at 10:00; led by Carolyn Hartfield

Just Walk is a program of Walk with a Doc in partnership with AARP and is open to everyone. This friendly walk along the South Peachtree Creek Trail (paved and boardwalk) is a great way to build fitness and nature into your weekly routine. The walk is 2 miles, with an option for an additional 2 miles. Wear appropriate footwear and dress for the weather. Water and snacks are provided. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). Kids and pets are welcome.

# **Nature Walk with Ranger Jonah**

# Every Thursday morning at 10:00; led by Jonah McDonald

Come walk with Ranger Jonah and learn about the flora and fauna of the Mason Mill forest. We will walk 1-2 hours for a total of 2 miles on paved paths, boardwalks, and soft-surface trails. Hear from the Park Naturalist about local animal activity and what plants thrive in the forest. Wear appropriate footwear, dress for the weather, and bring a refillable water bottle. Bring hiking stick(s) if you have or need them. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). All ages are welcome.

# MORE PROGRAMS ON THE REVERSE!

#### iNaturalist Walk

# Saturday, October 5 at 9:00 am; led by Jonah McDonald

Have you ever noticed a plant, animal, or fungus in the forest and wished you knew what it was? There is now an app for that! iNaturalist is a free app that can turn your



smartphone into an almost magical tool for learning about nature. Bring your phone and learn how. Already know iNaturalist? Then this short walk will be a great time to snap some pictures and make some IDs. We'll spend around 1 hour on the PATH trails. Wear appropriate footwear, dress for the weather, and bring a refillable water bottle and insect repellent. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). All ages welcome.

# Adopt-a-Stream Kick-Off

# Saturday, October 5 at 1:00 pm; led by Michael O'Shield and Jonah McDonald

Three important streams (Burnt Fork Creek, Glenn Creek, and South Fork Peachtree Creek) flow through Mason Mill Park. If you are interested in learning more about the creeks' ecosystems, monitoring their health, and helping keep them clean, please come to the kick off event for our new Adopt-a-Stream group. You will learn how to collect water quality data, evaluate stream physical characteristics, assess basic stream water chemistry, and conduct chemical tests using state-of-theart field equipment. Wear comfortable shoes or sandals that can get wet, dress for the weather, and bring a refillable water bottle and insect repellent. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). All ages are welcome.

# Full Moon Night Walk—PRE-REGISTRATION ONLY

#### Sunday, October 13 at 7:00 pm; led by Jonah McDonald

Come see the park in the full moon's light! We'll watch the sun set at 7:06 then walk through dusk and into the night, listening to the sounds of nature after dark. The park closes at dusk, so this is a great opportunity to hike with Ranger Jonah at night. We will walk 2-3 miles, so wear appropriate footwear, dress for the weather, and bring a refillable water bottle, a flashlight or headlamp, and insect repellent. Bring hiking sticks if you need them. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). All ages welcome. Due to the popularity of this hike, pre-registration is required, with a maximum of 30 participants. Register at https://oct-moon.eventbrite.com

#### **Adventure Series Hike**

# Saturday, October 26 at 9:00 am, led by Jonah McDonald

Our Adventure Series continues with a 4-6 mile hike on the trails of Mason Mill Park. On this moderate-to-strenuous hike, we will explore the fabulous network of soft-surface trails. There will be some steep grades and at least one rock-hop over a creek. This hike will be a great introduction to the trail

network off the PATH or a fun way to revisit the trails you've been walking since you were a kid. Wear appropriate footwear, dress for the weather, and bring a refillable water bottle. Bring hiking stick(s) if you have or need them. Meet at the South Peachtree Creek trailhead near the Mason Mill Tennis Center (McConnell Dr & Mason Mill Rd). Open to all, but do be aware that this is one of the more strenuous and adventurous hikes to be done in this park.



Contact the Park Naturalist: jpmcdonald@dekalbcountyga.gov or 404-491-3670