



## BUILDING EXCELLENCE IN DEKALB

# CORONAVIRUS (COVID-19) AND Senior LIFE

The mission of the DeKalb County Human Services Department is to support the development of safe families, neighborhoods and communities for the citizens of DeKalb. This resource has been created to provide assistance during the COVID-19 Pandemic and is for general informational purposes. Distribution of this resource does not constitute endorsement, recommendation or favoring by DeKalb County. The County does not endorse or support the views expressed by the organizations listed here within.

For regular updates on COVID-19 please visit the County's website at [www.dekalbcountyga.gov](http://www.dekalbcountyga.gov)



### STAY DISTANT | STAY SAFE

#### SOCIAL DISTANCING INCLUDES:

- Keeping at least six feet away from others (non-family group members)
- Not engaging in team sports
- Not gathering in groups of 10 or more

#### 4 KEYS TO STAYING SAFE

- CLEAN YOUR HANDS OFTEN
- AVOID CLOSE CONTACT
- STAY HOME IF YOU'RE SICK
- COVER COUGHS AND SNEEZES

## FOOD & MEDICAL RESOURCES

### Not Able To Go Out To Get Food?

Online Services And Phone Apps Are Available To Purchase Food, Household Needs, Medicine And More! Make Your Purchase By Ordering Online Or Downloading The App On Your Phone.

## GROCERIES

### WALMART

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

[grocery.walmart.com](https://grocery.walmart.com)

### TARGET

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

[target.com](https://target.com)

### SAMS

(You Can Choose to Order Ahead and Pickup or have Items Delivered)

[samsclub.com/content/free-shipping](https://samsclub.com/content/free-shipping)

### ATLANTA SURVIVAL PROGRAM

(FREE grocery delivery)

[atlsurvival.org/](https://atlsurvival.org/)

### SHIPT (Delivery Only)

Choose The Grocery Store Or Pharmacy In Your Area And Your Items Will Be Delivered To Your Doorstep.

[shipt.com](https://shipt.com)

### INSTACART (Delivery Only)

(Delivers From Your Local Grocery Store)

[instacart.com](https://instacart.com)

## MEAL PREP

### GARNISH & GATHER

[garnishandgather.com/organic-dinner-kits](https://garnishandgather.com/organic-dinner-kits)

### BLUE APRON

[blueapron.com](https://blueapron.com)



## RESTAURANTS

### Waived Delivery Fees

### DOORDASH

[DoorDash.com](https://DoorDash.com)

### GRUBHUB

[GrubHub.com](https://GrubHub.com)

### UBER EATS

[ubereats.com](https://ubereats.com)

## PHARMACY

### Waived Delivery Fees on Medication Orders

### CVS

Waiving home delivery fees & 30 day refill limit on certain medications

[cvs.com/content/delivery](https://cvs.com/content/delivery)

### WALGREENS

[walgreens.com/topic/pharmacy/prescription-delivery.jsp](https://walgreens.com/topic/pharmacy/prescription-delivery.jsp)

**COVID-19 UPDATES**  
[dekalbcountyga.gov/Covid-19/Response](https://dekalbcountyga.gov/Covid-19/Response)



# FOOD PANTRIES



## ATLANTA COMMUNITY FOOD BANK

If you are looking for help from one of the partners in your community, **text Find Food or Comida to 1-888-976-2232** and a list of pantries in your area will be sent to you. *You can also go online for other services you may need.*

## FOOD BANK LOCAL MAP

[acfb.org/local-impact-map](http://acfb.org/local-impact-map)  
404.892.FEED (3333) x2004

To know if you could receive food stamps (SNAP) or other government benefits?

Email [benefits@acfb.org](mailto:benefits@acfb.org) or call (678) 553-5917

## FOOD ASSISTANCE BENEFITS PROGRAM

[acfb.org/find-help](http://acfb.org/find-help)

## NEW BETHEL A.M.E. CHURCH

770-484-3350

## ST. VINCENT DE PAUL SOCIETY

*Delivers Food*

5463 Peachtree Rd., Chamblee, GA 30341

[svdpgeorgia.org](http://svdpgeorgia.org)

770-936-0766

## THE GIVING KITCHEN

*Food service workers needing financial*

513 Edgewood Ave SE Suite 100,

Atlanta, GA 30312

[assistance.thegivingkitchen.org/](http://assistance.thegivingkitchen.org/)

404-254-1227

## TOCO HILLS COMMUNITY ALLIANCE

[tocohillsalliance.org](http://tocohillsalliance.org)

404-325-0677



# RENTAL & HOUSING ASSISTANCE

## HOUSING ASSISTANCE

### FEDERAL HOUSING FINANCE AGENCY

202-649-3700

[fhfa.gov](http://fhfa.gov)

## BANKS OFFERING TO HELP CUSTOMERS

[aba.com/about-us/press-room/industry-response-coronavirus](http://aba.com/about-us/press-room/industry-response-coronavirus)

## RENTAL ASSISTANCE

### DEKALB COUNTY MAGISTRATE COURT SUSPENDS EVICTION PROCEEDINGS

Effective March 13, 2020, all writs of eviction and the dates for filing answers in evictions and all other civil matters listed above are extended through May 13, 2020. To read more go to the link below:

[decaturish.com/2020/04/dekalb-county-magistrate-court-suspends-non-essential-hearings-including-eviction-proceedings/](http://decaturish.com/2020/04/dekalb-county-magistrate-court-suspends-non-essential-hearings-including-eviction-proceedings/)

## JUST SHELTER

List of organizations working to preserve affordable housing and prevent eviction  
[justshelter.org/community-resources/](http://justshelter.org/community-resources/)

## SHELTER IN PLACE PROGRAMS

### DECATUR COOPERATIVE MINISTRY

1523 Church St, Decatur, GA 30030

404-377-4365

 DeKalb County  
GEORGIA  
**SERVICES LINE: 311**

## SENIOR LINK LINE

Do you have questions about services for seniors? Call the DeKalb Senior Link Line at

**770-322-2950**

Monday - Friday  
8:30AM - 5:00PM

**2-1-1**

[Call. Click. Connect.]

**UNITED WAY  
GREATER ATLANTA**

To locate community resources during the Coronavirus crisis, click on the "Disaster" category, then on the "Coronavirus" subcategory. Select the need you are searching for  
**211online.unitedwayatlanta.org**

*Meet*  
**empowerline**

**Free, 24/7 certified professionals:**

- Transportation • Meals
- Caregiving

**www.empowerline.org**  
**(404) 463-3333**



Finding the right support can be challenging for you and your family if you are unfamiliar with the programs designed to help older Georgians or individuals with disabilities.



## UTILITY ASSISTANCE PROGRAMS

### ATLANTA GAS LIGHT

Residential customers energy assistance options available to support those impacted as a result of the COVID-19 emergency. For more information go to **atlantagaslight.com** or call **(877) 427-4321**

Atlanta Gas Light also partners with the following local community agencies to help customers who may be experiencing personal financial strain resulting from the pandemic:

#### LIHEAP

The Low-Income Home Energy Assistance Program is a federally funded energy assistance program that helps low- and fixed-income families meet their energy needs during the heating season. Eligibility is based on several factors, including fuel type, geographic region, household size and income. Call **404-657-3426** or **877-423-4746**.

#### CREDIT COUNSELING

If you or someone you know is having trouble paying bills, reach out to ClearPoint, a national, nonprofit credit counseling agency at 800-251-2227 (866-559-8198 for Spanish) or visit ClearPoint's website at **clearpoint.org**

#### SENIOR CITIZENS DISCOUNT PROGRAM

Customers 65 years of age or older who have a total annual combined household income of \$25,520 or less are eligible for up to a \$14 monthly discount on their base charge. Natural gas service must be in the customer's name to be eligible. Get the on-line application through our website at **atlantagaslight.com**



**DEKALB WATERSHED MANAGEMENT**  
404-378-4475  
[dekalbcountyga.gov/watershed-management/watershed-management](http://dekalbcountyga.gov/watershed-management/watershed-management)

**ATLANTA WATERSHED**  
404-546-0311  
[atlantawatershed.org/customer-service/](http://atlantawatershed.org/customer-service/)

**GEORGIA POWER**  
Assures customers safe and reliable service will continue during COVID-19 pandemic  
[georgiapower.com](http://georgiapower.com) 1-888-660-5850

**AT&T**  
No disconnects for 60 days, waiving late payment fees.  
[about.att.com/pages/COVID-19.html](http://about.att.com/pages/COVID-19.html)

**COMCAST**  
Keeping you connected during COVID-19 for more information on services and staying connected visit [xfinity.com/prepare?pc=1](http://xfinity.com/prepare?pc=1) for free internet connection [wifi.xfinity.com](http://wifi.xfinity.com)

**XFINITY INTERNET ESSENTIALS**  
Program for families and other low-income households who currently do not subscribe to Internet at home. To sign up, applicants can simply visit [www.internetessentials.com](http://www.internetessentials.com) or call 1-855-846-8376 for English and 1-855-765-6995 for Spanish.

## CELLULAR SERVICE ASSISTANCE

**SPRINT**  
No disconnects for 60 days, waiving late payment fees. Unlimited data  
[sprint.com/en/landings/covid-19.html](http://sprint.com/en/landings/covid-19.html)

**T MOBILE**  
[T-mobile.com/brand/ongoing-updates-covid-19](http://T-mobile.com/brand/ongoing-updates-covid-19)

**VERIZON**  
[verizon.com/about/news/update-verizon-serve-customers-covid-19](http://verizon.com/about/news/update-verizon-serve-customers-covid-19)

## VIRTUAL FITNESS COURSES

**SILVER SNEAKERS**  
[silversneakers.com/learn/classes/](http://silversneakers.com/learn/classes/)

**FIT OVER 50- FOR BEGINNERS**  
[youtube.com/watch?v=7aHK2sgjBCM](https://youtube.com/watch?v=7aHK2sgjBCM)

**YMCA VIRTUAL FITNESS CLASSES**  
[ymca360.org/on-demand#/category/85](http://ymca360.org/on-demand#/category/85)

**JAZZERCISE**  
[ondemand.jazzercise.com](http://ondemand.jazzercise.com)

## FREE MEDIA & ENTERTAINMENT

**DEKALB COUNTY LIBRARIES VIRTUAL PROGRAMS FOR ADULTS & SENIORS**  
[dekalblibrary.org/online-events](http://dekalblibrary.org/online-events)

**FREE BOOKS, MOVIES, MUSIC,& ETC**  
[archive.org](http://archive.org)

**FREE ONLINE MUSEUM TOURS**  
[travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours](http://travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours)

**FREE BOOKS, MOVIES, MUSIC,& ETC**  
[archive.org](http://archive.org)

**FREE ONLINE MUSEUM TOURS**  
[travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours](http://travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours)

**FREE NATIONAL PARK TOURS**  
[travelandleisure.com/trip-ideas/national-parks/virtual-national-parks-tours](http://travelandleisure.com/trip-ideas/national-parks/virtual-national-parks-tours)

**PARIS OPERA: FREE LIVE PERFORMANCES**  
[vogue.fr/fashion-culture/article/paris-opera-broadcasting-screening-performances-online-for-free-2020](http://vogue.fr/fashion-culture/article/paris-opera-broadcasting-screening-performances-online-for-free-2020)



# STUDENT LOANS

CORONAVIRUS AND FORBEARANCE INFO  
FOR STUDENTS, BORROWERS, AND PARENTS

Federal loans payments automatically stop from March 13, 2020, through Sept. 30, 2020, for more details go to the website below or call **(800) 433-7327**

[studentaid.gov/announcements-events/coronavirus](https://studentaid.gov/announcements-events/coronavirus)

## GOVERNMENT SERVICES

### ECONOMIC IMPACT/ STIMULUS PAYMENTS

[irs.gov/coronavirus](https://irs.gov/coronavirus)

### NEW FEDERAL TAX DEADLINE JULY 15TH

[irs.gov](https://irs.gov)

### CORONAVIRUS AND FORBEARANCE INFO FOR STUDENTS & BORROWERS

[studentaid.gov/announcements-events/coronavirus](https://studentaid.gov/announcements-events/coronavirus)

### US FEDERAL GOV UNEMPLOYMENT

[dol.gov](https://dol.gov)

### GEORGIA UNEMPLOYMENT FOR EMPLOYERS & EMPLOYEES

[dol.georgia.gov](https://dol.georgia.gov)



## DO YOU OR SOMEONE YOU KNOW OWN A SMALL BUSINESS?

The U.S. Small Business Administration (SBA) has designated all counties in Georgia eligible for low-interest federal disaster loans for working capital to small businesses suffering substantial economic injury as a result of the Coronavirus (COVID-19). Georgia small businesses impacted by COVID-19 are now eligible to apply for Economic Injury Disaster Loans (EIDL). Please note the deadline is December 18th, 2020.

### How to apply:

- Applicants may apply on-line, receive additional disaster assistance information and download applications at <https://disasterloan.sba.gov/ela>.

- Applicants may also call SBA's Customer Service Center at **(800) 659-2955** or email **[disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov)** for more information on SBA disaster assistance.

- Individuals who are deaf or hard of hearing may call **(800) 877-8339**. Completed applications should be mailed to U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.





## EMOTIONAL WELLBEING

The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.

Everyone reacts differently to stressful situations. How you respond to the outbreak can depend on your background, the things that make you different from other people, and the community you live in.




### NAMI Georgia HelpLine




HelpLine 770.408.0625

Call us for mental health resources!  
(non-crisis line)



**COVID-19 Hotline**  
**(844) 442-2681**

The State of Georgia has a new COVID-19 hotline. If you believe that you are experiencing symptoms of COVID-19 or have been exposed to the novel coronavirus, please contact your primary care doctor or an urgent care clinic. Please do not show up unannounced at an emergency room or health care facility.




**Georgia Crisis & Access Line**

**1-800-715-4225**  
mygal.com

Sponsored by the  
Georgia Department of Behavioral Health & Developmental Disabilities

**Georgia Crisis and Access Line (GCAL)**  
**1-800-715-4225**

GCAL is available 24 hours a day, 7 days a week and 365 days a year to help you or someone you care for in a crisis



**Peer2Peer Warm Line**

Operating since the opening of the Peer Support and Wellness Center of Decatur in 2008, the warm line provides Georgians the opportunity to receive peer support over the phone 24 hours a day.

How to contact the Peer2Peer Warm Line  
Call 888-945-1414 (toll-free) statewide, or locally:  
Decatur: 404-371-1414  
Bartow County: 770-276-2019  
Colquitt County: 229-873-9737  
Henry County: 678-782-7666  
White County: 706-865-3601



**SilverSneakers®**

**WAYS TO COPE WITH ANXIETY WITHOUT MEDS**

[silversneakers.com/blog/anxiety](https://silversneakers.com/blog/anxiety)



Learn how you can protect, prepare and support yourself and your Veteran loved one through these challenging times with tips on "Caregiving During COVID-19."

**For more information or support call us at 1-855-260-3274**



**CARES Warm Line**  
**1-844-326-5400**

Substance Abuse Challenges  
Call or Text Every Day of The Year  
8:30AM - 11:00PM



DeKalb County  
GEORGIA

MICHAEL THURMOND, CEO  
**CHIEF EXECUTIVE OFFICE**

**DISTRICT 1**  
COMMISSIONER NANCY JESTER

**DISTRICT 2**  
COMMISSIONER JEFF RADER

**DISTRICT 3**  
COMMISSIONER LARRY JOHNSON

**DISTRICT 4**  
COMMISSIONER STEVE BRADSHAW

**DISTRICT 5**  
COMMISSIONER MEREDA DAVIS JOHNSON

**DISTRICT 6**  
COMMISSIONER KATHIE GANNON

**DISTRICT 7**  
COMMISSIONER LORRAINE  
COCHRAN-JOHNSON



**Human Services**

DEKALB COUNTY GOVERNMENT

**DIRECTOR DAMON SCOTT**

**25 WARREN ST | ATLANTA, GA 30317**

*Mission*

To Support the Development of Safe Families,  
Neighborhoods and Communities for Citizens of  
DeKalb. The Services and Programs Offered are  
Designed to Support DeKalb Residents from Birth  
Through End Of Life.

## OFFICE OF YOUTH SERVICES

404.687.7195

## OFFICE OF AGING

770.322.2950

## SENIOR TRANSPORTATION

770.322.2967

## GRANTS & ADMINISTRATION

404.270.1178

## PARTNERSHIPS &

## EXTERNAL AFFAIRS

770.322.2969

## DEKALB SENIOR CENTERS

### CENTRAL DEKALB SENIOR CENTER

1346 MASON MILL DR | DECATUR, GA 30033 | 770.492.5461

### DEKALB ATLANTA NEIGHBORHOOD CENTER

25 WARREN ST | ATLANTA, GA 30317 | 4404.370.7297

### LITHONIA NEIGHBORHOOD CENTER

2484 BRUCE ST | LITHONIA, GA 30058 | 770.482.0402

### LOU WALKER SENIOR CENTER

2538 PANOLA RD | STONECREST, GA 30058 | 770.322.2900

### NORTH DEKALB NEIGHBORHOOD CENTER

3393 MALONE DR | CHAMBLEE, GA 30341 | 404.298.4461

### SOUTH DEKALB NEIGHBORHOOD CENTER

1931 CANDLER RD | DECATUR, GA 30032 | 404.286.7924